

# Our New Systems

At Wolverton Swimming & Fitness Centre, the health and safety of our members, customers and staff is our top priority. The team are very much looking forward to welcoming everyone back.

## What's changed?

- **A one-way system** – through to the gym, main studio & to poolside.
- **Enhanced cleaning regimes** - plus hand sanitiser & cleaning stations throughout.
- **Our equipment is spaced out**
- **Reduced capacity** for all activities.
- **Arrive 'workout-ready'** for gym & studio classes as our changing rooms and showers are open but limited – studio classes will return from May 17.
- **We encourage customers to arrive 'beach ready'** for your swim but our changing facilities and pool lockers are open. Beach ready = swimwear underneath clothing.
- **Adapted timetables** - we have spread out our sessions to allow for cleaning.
- **Limited pool sessions** – we are offering Lane & Adult Only Swimming (16+), Family Group Bookings (Maximum of 6 same household/bubble) and Under 16 Lane Swimming (on Saturdays).
- **Book online** – swim / gym / exercise class – from our website: [www.wolvertonpool.com](http://www.wolvertonpool.com).
- **Wear a mask** – We encourage the use of face masks in all indoor common areas such as walkways and reception.
- **Café** – takeaway only (patio area open)

**Book the pool or an exercise class:**  
<https://wolverton.xncloud.co.uk/bookings>

**Book a gym session (members only):**  
[www.mywellness.com/wolvertonpool](http://www.mywellness.com/wolvertonpool)

Need assistance with anything please email: [mail@wolvertonpool.com](mailto:mail@wolvertonpool.com), call 01908 227752 or pop in and a member of the team will be happy to help.

Ensuring your safety is paramount to us so that you can return to the centre with confidence. We may adapt and change our systems to ensure that the best standards can be achieved. Wolverton Leisure Trust thanks you for in advance for your patience and as a not for profit Charity values your support hugely.

# More Information – Swimming

- Paid sessions are non-refundable
- Stations on poolside are available for belongings for customers who do not wish to use lockers
- Lifeguard on duty
- Timetables and prices available on website

## WE ENCOURAGE OUR CUSTOMERS TO

- Follow our one-way system onto poolside
- Arrive and depart on time
- Shower at home where possible
- Arrive 'beach ready' (swimwear under clothing) where possible – although our changing rooms are open
- Avoid activity that compromises safety measures
- Bring own baby changing mats

## LANE SWIMMING / ADULT ONLY SESSIONS

- Bookable @ 30-minute intervals
- One-hour sessions
- Pre-booking advised
- Included in all Adult Memberships
- PAYGO options available
- Lanes all travel in same direction
- Under 16's Lane Swim available Saturdays from 1200 (minimum 200m standard required)

## AQUAFIT

\*permitted from May 17

- Age 16+
- PAYGO options available
- Included in Gym Adult Memberships
- Pre-booking advised

## FAMILY BOOKINGS

- One hour at select times
- Maximum participants 6, one of which must be aged 16+ - same family/bubble
- Pre-bookable only – contact the centre to book
- Main Pool - Third of pool area available (2 lanes) / Learner Pool – Half available
- Not included in memberships
- Floats and play equipment included

# More Information - Studio & Gym

## We encourage customers to:

- Follow our one-way systems
- Arrive and depart on time
- Pre-book
- Shower and change at home as the changing facilities are limited
- Clean equipment after use
- Bring their own water
- Be respectful of our social distancing measures in the workout areas

## STUDIO

**Unfortunately, no indoor group exercise classes are permitted to take place until May 17. The areas and equipment are open for members to use on an individual/same household basis.**

- Included in all Adult Gym Memberships
- PAYGO customers pay on booking - sessions are non-refundable
- Book from website: [www.wolvertonpool.com](http://www.wolvertonpool.com)
- Up to 30-minute gaps introduced between classes
- Timetables and prices available on website

## GYM

- Is included in all Adult Gym Memberships
- Is not available for PAYGO customers – to start with
- Gym sessions are one hour & available every 30 minutes throughout the day
- Set up your mywellness account – [www.mywellness/wolvertonpool](http://www.mywellness/wolvertonpool) then download the app to book
- Some equipment has been removed to adhere to social distancing
- Closes early for deep cleaning – see website for opening times

# More Information – Swimming Lessons

**MAIN POOL COLLECTION POINT: FAR END OF CHANGING ROOMS**

**LEARNER POOL COLLECTION POINT: POOLSIDE  
(SHALLOW END OF LEARNER POOL)**

**FACE MASKS TO BE WORN**

**ONE SPECTATOR PER SWIMMER**

## SAFETY MEASURES

Enhanced cleaning systems  
Hand sanitiser stations throughout building  
Gaps between all classes for cleaning of equipment  
Class start times are staggered  
Teachers/Assistants will be out of the water  
Reduced class sizes  
Lesson structure will follow Swim England Guidance

## WE ENCOURAGE OUR CUSTOMERS TO:

Follow our one-way system onto poolside  
Arrive and depart on time  
No showers  
Arrive 'beach ready' (swimwear under clothing)  
Adopt a swim and go approach  
Avoid activity that compromises safety measures  
Not bring push chairs into building  
Be mindful the pool is shared with other groups  
One spectator per swimmer only – this includes non-swimming siblings  
Avoid grouping by the shower area on drop off and collection