

Monday	Pre-school	4:00, 4:30	
Monday	Beginners 1	4:00, 4:30, 5:00, 5:30, 6:00	
Monday	Beginners 2	4:00, 4:30, 5:00, 5:30, 6:00	
Monday	Improvers 1	4:00, 4:30, 5:00, 5:30, 6:00	
Monday	Improvers 2	4:00, 4:30, 5:00, 5:30, 6:00	
Monday	Adults	Beginners 7:30, Improvers 8:30 (hour classes pm)	
Tuesday	Pre-school	3:30, 4:00, 4:30	
Tuesday	Beginners 1	4:00, 4:30, 5:00, 5:30	
Tuesday	Beginners 2	4:00, 4:30, 5:00	
Tuesday	Improvers 1	4:00, 4:30, 5:00	
Tuesday	Improvers 2	4:00, 4:30, 5:00	
Tuesday	Advanced	5:30, 6:00 (1/2 hr stage 6)	5:30 (1hr stage 6 + 7)
Wednesday	Parent & Baby/Toddler	10:30 (Baby) 11:00 (Toddler)	
Wednesday	Pre-school	3:30	
Wednesday	Beginners 1	4:00, 4:30, 5:00	
Wednesday	Beginners 2	4:00, 4:30, 5:00	
Wednesday	Improvers 1	4:00, 4:30, 5:00	
Wednesday	Improvers 2	4:00, 4:30, 5:00	
Wednesday	Advanced	5:30 (1/2 hr stage 6)	
Thursday	Pre-school	3:30, 4:00	
Thursday	Beginners 1	4:00, 4:30, 5:00	
Thursday	Beginners 2	4:00, 4:30, 5:00	
Thursday	Improvers 1	4:00, 4:30, 5:00	
Thursday	Improvers 2	4:00, 4:30, 5:00	
Thursday	Advanced	5:30, 6:00, 6:30, 7:00 (1/2 hr stage 6)	5:30, 6:30 (1hr stage 6 + 7)
Friday	Pre-school	3:30, 4:00, 4:30	
Friday	Beginners 1	4:00, 4:30, 5:00, 5:30	
Friday	Beginners 2	4:00, 4:30, 5:00	
Friday	Improvers 1	4:00, 4:30, 5:00	
Friday	Improvers 2	4:00, 4:30, 5:00	
Friday	Advanced	5:30 (1/2 hr stage 6 + 7) 6:00 (1hr stage 6)	
Saturday	Pre-school	09:00, 09:30, 10:00, 10:30	
Saturday	Beginners 1	08:30, 09:00, 09:30, 10:00, 10:30, 11:00	
Saturday	Beginners 2	08:30, 09:00, 09:30, 10:00	
Saturday	Improvers 1	08:30, 09:00, 09:30, 10:00	
Saturday	Improvers 2	08:30, 09:00, 09:30, 10:00	
Saturday	Dives + Turns	10.30 – 11.00 / Synchronised Swim 10.30 – 11.45 / Rookie Lifeguard 11.00 – 12.30	
Sunday	Pre-school	08:30, 10:00	
Sunday	Beginners 1	08:30, 09:00, 09:30, 10:00	
Sunday	Beginners 2	08:30, 09:00, 09:30	
Sunday	Improvers 1	08:30, 09:00, 09:30	
Sunday	Improvers 2	08:30, 09:00, 09:30	
Sunday	Advanced	10:00 (1/2 hr stage 6 + 7)	10:30 (1hr stage 7 + 8 – 10)